



## Recreation Department

---



### Recreation March Newsletter of events and Intersession Information

The Spring 2015 Class Program is now available for viewing starting Wednesday, February 25th; please visit our webpage at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec). Spring On-line Registration starts March 9<sup>th</sup> @ 8:00 am and Walk-in registration starts at 2pm at any recreation facility. **Spring Session dates are from April 6 – June 15, 2015.**

The Chula Vista Recreation Department will be offering specialized Spring Intersession break camps from March 23-April 3, 2015, when Chula Vista city schools are on spring break. The camps include sports, swimming, archery & tennis, drawing, to basketball and volleyball. These specialized camps offer youth the opportunity to explore recreational opportunities during a short period of time. Camps range in cost from \$28 to \$125 per week, per camper. Camps are being offered at Heritage Community Center, Loma Verde Aquatic Center, Parkway Community Center, Monteville Recreation Center, Salt Creek Recreation Center, Paseo Del Rey Park and Veterans Recreation Center.

Please call or stop by for more information! You may register online at <http://bit.ly/1zIzHB4> or visit our webpage at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec)

#### **Heritage Park & Community Center 619-421-7032**

Name: Cartoon Drawing Camp  
Dates: Mon., Wed., Thur., Fri.; March 30-April 3 (No class on Tuesday, March 31)  
Cost: \$56.00 / \$68.00 plus a Materials Fee: \$15.00 payable to instructor  
Brief Description: Have fun drawing your favorite cartoon characters with lead pencils from a professional artist.

**Weekdays – Open Rec & Read at Heritage.** Looking for a safe, fun environment for your child after school? Or maybe help with their homework? Rec & Read is open Monday through Friday from 2 to 5 p.m. at Heritage Park and Community Center for children of all ages. Daily events include Monday tournament day, Tuesday craft day, work out Wednesday, Thursday movie day and Friday staff choice. No registration is necessary. For more details, call (619) 421-7032

#### **Loma Verde Aquatic Center 619 409-1987**

Name: Lifeguard Academy  
Dates: Saturday, March 21 through Saturday, March 28 (No academy on Sunday, March 22)  
Time: 8:00 am - 5:00 pm daily  
Cost: \$120 (non-refundable)  
Plus \$50 for Red Cross certification and materials fees (due after pretesting on first day).



**Brief description:** This class will teach potential lifeguards the skills and knowledge to prevent and respond to aquatic emergencies, providing the certifications necessary for employment with the City of Chula Vista as a Lifeguard I (starting pay is \$13.82 per hour). The class includes interview training. Students who pass this class will receive the following American Red Cross certifications: Lifeguard CPR for the Professional Rescuer, AED Essentials, and Title 22: First Aid for Public Safety Personnel.

**Expanded hours at both City Aquatic Centers** during the upcoming public schools spring break from March 21 to April 3, are as follows: **Parkway Aquatic Center**, located at 385 Park Way, will be open for adult lap swim on Sunday from 12:30 to 3:30 p.m. and family recreation swim Tuesday and Thursday from 12:30 to 3 p.m. and Sunday from 12:30 to 3:30 p.m. For more information please visit [www.chulavistaca.gov/goto/swim](http://www.chulavistaca.gov/goto/swim) or call (619) 409-1985. **Loma Verde Aquatic Center**, located at 1420 Loma Lane, will offer adult lap swim Monday, Wednesday, and Friday from 1 to 3 p.m., and Tuesday and Thursday from 11 a.m. to 1 p.m. Family Recreation Swim at Loma Verde is Monday, Wednesday and Friday from 12:30 to 3 p.m. For more information, please visit [www.chulavistaca.gov/goto/swim](http://www.chulavistaca.gov/goto/swim) or call (619) 409-1987.

**Monteville Recreation Center (619) 691-5269:**

**Name:** ART CAMP-DRAWING WITH MARKERS  
**Dates:** Mon/Wed/Thurs/ Fri. March 30-April 3 (No camp on Tuesday, March 31)  
**Time:** 2:00-3:30pm  
**Cost:** \$56 Res / \$69 Non Res and Material Fee: \$20 payable to instructor  
**Brief description:** Have fun learning the basics of drawing with markers from a professional artist.

**Name:** ART CAMP  
**Dates:** Monday-Thursday; March 23-27; **Time:** 09:30am-12:00pm  
**Cost:** \$50 Res / \$61 Non Res and Material Fee: \$40 payable to instructor  
**Brief description:** Create quality holiday works of art, through a variety of Mediums including wood and ceramics.

**Name:** BASKETBALL CAMP  
**Dates:** Mon/Wed/Thurs/ Fri. March 30-April 3 (No camp on Tuesday, March 31)  
**Time:** 9:00am-12:00pm  
**Cost:** \$60 Res / \$75 Non Res  
**Brief description:** Learn the basics of basketball while having a great time. Staff emphasizes good sportsmanship!!

**Name:** TENNIS CAMP  
**Dates:** March 23-27 Mon-Fri  
**Time:** 09:00am-12:00pm  
**Cost:** \$115 Res / \$144 Non Res  
**Brief description:** Basic techniques and games for the beginner level will be the focus of this tennis camp.

**Name:** TENNIS CAMP  
**Dates:** Mon/Wed/Thurs/ Fri. March 30-April 3 (No camp on Tuesday, March 31)



Time: 09:00am-12:00pm  
Cost: \$94 Res / \$115 Non Res  
Brief description: Basic techniques and games for the beginner level will be the focus of this tennis camp.

Name: SKATELIFE-SKATEBOARD CAMP  
Dates: March 23-27  
Time: 09:00am-12:00pm  
Cost: \$150 Res / \$186 Non Res  
Brief description: Basic techniques and beginning tricks for the beginner level skateboarder.

**Norman Park Center located at 270 F Street- (619) 409-1930**

Living Coast Discovery Center: Wednesday, March 4 @ 10:00-11:00am. Join us at the Norman Park Center for a special presentation from the Discovery Center. The Living Coast Discovery Center inspires care and exploration of the living earth by connecting people with coastal animals, plants and habitats. Register at the Norman Park Center located at 270 F Street or online at [chulavistaca.gov/rec](http://chulavistaca.gov/rec).

**Potato Bake & Chili:** Wednesday, March 18 @ 11:00-1:00pm. We will be hosting our annual potato bake in March. Join us for lunch where we will be serving a large baked potato and chili with all the fixings. Tickets are on sale at the front desk or online at [chulavistaca.gov/rec](http://chulavistaca.gov/rec). Space is limited so buy your ticket early. Tickets are \$5/Residents & \$6/Non-residents

**Singing Seniors St. Patrick's Performance:** Tues, March 10, 1:30-2:30pm **Free!** Come watch the singing seniors perform a medley of Irish songs! Punch will be served for those who attend the performance.

**Your Heart, Your Life Series:** Monday, March 9, 16 and 23 @ 10:00-11:00am **FREE.** Heart Disease is the leading cause of death in the United States. The heart is the vital organ that pumps blood and oxygen up into your brain and throughout your body. Learn ways to prevent heart disease by staying physically active and eating healthy and ways to improve your overall health. Register at the Norman Park Center or online at [chulavistaca.gov/rec](http://chulavistaca.gov/rec)

Norman Park Center is looking to add some new classes as well as find some computer class teachers. If you know somebody interested in teaching classes here or have an interesting talent and would like to teach it to others, please contact us at (619) 409-1930.

**Norman Park offers beginning and intermediate computer classes.** Fee: \$22 Resident/\$28 Non-Res per 4 week session, plus \*\$10 annual membership is required for all classes and lab hours. Classes are as follows:

**BEGINNING COMPUTER CLASS:**

Session #1	Wednesdays	April 8, 15, 22, 29	9:00am - NOON
Session #2	Wednesdays	May 6, 13, 20, 27	9:00am – NOON

**INTERMEDIATE COMPUTER CLASSES:**

Session #1	Tuesdays	April 7, 14, 21, 28	9:00am - NOON
Session #2	Tuesdays	May 5, 12, 19, 26	9:00am – NOON

**PRIVATE ONE-ON-ONE INSTRUCTION** (Computer/Laptop/iPad/Kindle): \$10/lesson, \$12.50 non-residents. One-on-one instruction provided on any of the following: advanced internet, review of beginning classes, advanced word processing, computer maintenance, safe guarding your computer, and file management. Please contact the Norman Park Center to schedule your lesson 619-409-1930.

**FREE COMPUTER INFORMATION CLASS** – This is a class designed to teach people with no computer experience what skills they will learn in each class. Sign up at Norman Park Center. Pre-registration is REQUIRED. March 6, April 3, or May 1.

**OTAY Recreation Center (619) 409-1999**

**Spring Eggstravaganza** - Come discover 1000's of eggs during a festive colorful egg hunt. Youth who collects the most colorful feature plastic eggs wins a grand prize. The event is for "free" and for ages 7-12. DATE: Friday March 20<sup>th</sup> at 2:30PM

**St. Patrick's Scavenger Hunt** - Stop by and participant in this year's St. Patrick's Scavenger Hunt with OTAY's Green Leprechaun crew. Participants with the most success in finding hidden items will win a four-leaf size pizza, and or gift basket of healthy snacks. DATE: Tuesday March 17<sup>th</sup> at 3PM

**Extended Recreation Hours** - Extended Recreation hours will be provided during the spring break from Monday March 23<sup>rd</sup> through Friday March 27<sup>th</sup> from 12-4PM. Activities will include: Wii Games, coloring contest, dodge ball, movie with popcorn, and a special event.

**Parkway Community Center March Events – 619-409-1980**

There is a **NEW Hip Hop class** that will be starting April 8-May 27. The class is on Wednesdays, 4:30-5:15pm for boys and girls ages 6-13. The fee is \$39 res/\$49 non res.

**FREE Hip Hop Workshop** on Wednesday, March 11 at 5pm for children of all ages.

**March 3 – free Referee Clinic** for high school and college students as well as others that are interested in showing their skills. Get trained as a referee for potential future employment with the Recreation Department as recruiting for youth basketball league referees begins soon. The Clinic will be held in the Parkway Gym, 385 Park Way, at 6 p.m. and registration is required. Please call (619) 409-1980 to register. Participants must have knowledge of basketball rules.

**3on3 Basketball Tournament** on Saturday, March 21. There are 4 age divisions: 13-15, 16-18, 19-34, 35+. Join us for a 3 on 3 basketball tournament to celebrate March Madness with four different age categories: Division 1 for ages 13-15; Division 2 for ages 16-18; Division 3 for ages 19-34; and Division 4 for ages 35 and over. The double elimination tournament, co-sponsored by Papa Johns Pizza, has all teams playing a minimum of two games. Youth fees are \$20 per team and adult fees are \$25 per team. All games will be played at the Salt Creek Recreation Center, 2710 Otay Lakes Road, with all first round games beginning at 8 a.m. Pre-register by March



16 online @ [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec), or visit any City Recreation Center. For more information, call (619) 409-1980 or (619) 585-5739. All games will be played at the Salt Creek Community Center.

**Lunch with the Easter Bunny** is Saturday, March 28 from 10:30-12:30pm for children over 4years old. The fee is \$9 res/\$12 non res.

**Intermediate Ballroom Dance** is Tuesdays 12-1:30pm on March 3, 10, 17, and 24 and the fee is \$10 for the four week session. The class will be held at the Parkway Community Recreation Center, 373 Park Way. Instruction includes different styles of dancing such as Foxtrot, Tango, Cha Cha, Salsa and Swing. Register online [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec). Call (619) 409-1980 for more information.

Name: BASKETBALL CAMP  
Dates: Monday-Friday; March 23-27;  
Time: 9am-12:30pm, ages 6-12  
Cost: \$40 Res / \$50 Non Res  
Brief description: Camp includes dribbling, shooting, defense and offense drills.

Name: SOCCER CAMP  
Dates: Monday-Friday; March 23-27;  
Time: 12:30-4pm, ages 6-12  
Cost: \$40 Res / \$50 Non Res  
Brief description: Camp includes dribbling, shooting, passing, sportsmanship and plenty of fun.

Name: VOLLEYBALL 101  
Dates: Monday-Thursday; March 30-April 2;  
Time: 10am-12pm  
Cost: \$28 Res / \$35 Non Res  
Brief description: Jump start your game, from basic to advanced skills in Set, Serve, Bump, Spike! Ages 11-17

#### **Salt Creek Recreation Center – (619) 585-5739**

Name: MultiSport Spring Break Camp  
Dates: 1 Week Session, (Mon, March 30 - Fri, April 3)  
Cost: Resident: \$60.00. Non-resident: \$75.00  
Ages: At least 6 but less than 13  
Description: Half day MultiSport camp complete with skill building drills and fun games to play. An emphasis will be placed on good sportsmanship and teamwork. Games include: basketball, kickball, ping pong, football, soccer and more. Be sure to bring your own snack and drink. Camp will not be run on Tuesday March 31st in recognition of Cesar Chavez Day. Register now at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec) or call 619-585-5739 for more information.

**Name: Max Interval Training****Dates:** 10 Week Session: Thu, April 9 - Thu, June 11**Cost:** Resident: \$126.00. Non-resident: \$158.00**Ages:** 16 and up

**Description:** Based on MAX Interval Training, this high intensity, total-body conditioning program is safe, challenging and results driven. With multiple modifications for every move, this class can benefit anyone by; improving cardiovascular performance, heart health, increase blood flow, burn more calories and increase metabolism. Registration starts on March 9th at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec) or call 619-585-5739 for more information.

**Name: Senior Weight Training with Frances (55+)****Dates:** 10 Week Session: Tue, April 7 - Tue, June 9**Cost:** Resident: \$50.00. Non-resident: \$63.00**Ages:** 55 and up

**Description:** Frances leads and teaches strength training exercises for men and women over 55 years old. Come rejuvenate your body with this great new course! Registration starts on March 9th at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec) or call 619-585-5739 for more information.

**Name: Non-Contact Serevi Rugby (7-11years)****Dates:** 8 Week Session: Thu, April 16 - Thu, June 4**Cost:** Resident: \$105.00. Non-resident: \$130.00**Ages:** At least 7 but less than 12

**Description:** That's right, non-contact rugby for boys and girls! Non-contact rugby is a fast paced and high-energy sport! Participants will improve skills such as passing, catching, coordination, speed, agility and cardio through all inclusive games and activities. No matter your size, speed or strength, there is a place on the rugby field for everyone! Registration starts on March 9th at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec) or call 619-585-5739 for more information.

**East vs West 3 Point Shootout on April 18** – Adult and teen basketball players who want to demonstrate their great jump shots are encouraged to participate. Awards will be given to the top conference (East or West) and the best individual performance. East qualifier is zip codes 91913-91915 at Salt Creek Recreation Center, and West qualifier is zip codes 91910 and 91911 at Parkway Recreation Center; both qualifiers will be held from 3 to 5:30 p.m. Then the championship will be held from 6:15 to 7:15 p.m. at Parkway Recreation Center. Players are responsible for their own transportation between recreation centers. Fee is \$15 per shooter and registration is open from February 20 to April 15 online or at any City Recreation Center.

**Satellite Classes (619) 409-1999****Name:** ARCHERY Camp**Dates:** March 30 – April 3, 2015**Time:** 9:30-11:30AM**Location:** 750 Paseo Del Rey, in Chula Vista.



Cost: \$75 Res /\$95 Non Res

Brief Description: For youth between the ages of 8-17 years. The archery camp will be held during the spring break. Students will take aim and learn the family-friendly sport of archery. All equipment is provided. An instructor certified by the National Archery Association provides basis instruction.

### **Therapeutic Recreation- (619) 421-7032**

**St. Patty's Day Potluck** - Do you have a child with special needs? The Recreation Department offers a variety of recreation classes, programs, and special events for children with physical and developmental disabilities" then join us for our St. Patty's Day Potluck Picnic on March 28 from 1-3pm at Heritage Park & Community Center, 1381 E. Palomar Street. Bring an appetizer to share. Enjoy Games, Crafts, and lots of Fun! You may register in person at any Chula Vista Recreation Center or online at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec). For more information please call Heritage Recreation Center at 619-421-7032

Also in April Therapeutic Recreation is offering a FREE Spring Fling Parent's Night Out for youth with developmental or physical disabilities and special needs. The event takes place on April 11 from 6-8pm at Parkway Community Center located at 373 Park Way. Parents take a night to yourself drop off your child with a disability to hang out with us for some Spring Fling Fun! Refreshments will be served and raffle prizes can we won. You may register in person at any Chula Vista Recreation Center or online at [www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec). For more information please call Heritage Recreation Center at 619-421-7032

### **Veterans Park Recreation Center – (619) 691-5260**

**St. Patrick's Day Celebration** on March 13 from 1-3pm. Participants ages 13 & under will make St. Patrick's Day themes crafts. This event is **FREE** to the public.

**Music Camp** from March 23-March 27 for elementary aged students on Spring Break. This camp is for participants interested in music. Singing, small instruments, music themed arts & crafts will help participants appreciate the benefits of music. The fee is \$75/residents & \$94/non-resident. We are currently taking walk-in registration at all recreation facilities and on-line.

**Art Camp** from March 30-April 3 for elementary aged students on Spring Break. Participants will make a variety of special projects that will be based on the holiday season. They will work with ceramics, wood, paints, plus a variety of other mediums. The fee is \$50/residents and \$61/no-residents. We are currently taking walk-in registration at all recreation facilities and on-line.